## Training Record for the year 2022-2023

Emp ID **BVPS0044** Teacher ID 733694 Name Priya Father/ Husband Name Sagar Kumar Name of the Training attended by CBSE : Career Guidance in Schools, Stress Management Technique, Developing Resilience in students, Decision Making Skills in Adolescence, Importance of Gratitude, 21st Century Skills, Effective Communication Skills. Strengthening Assessment and Evaluation Practices for two days (17th & 18th September 2022) 1 hour each and 2days (14hours) Duration of the Training Training organized by **CBSE** Name of the Training attended by DIKSHA: NA **Duration of the Training** NA Training organized by NA Name of the Training attended by NISHTHA: NA Duration of the Training NA Training organized by NA Total training of CBSE 8

Total Training of DIKSHA

Total Training of NISHTHA: